BREADS

GREAT HARVEST BREAD INGREDIENTS 570 E. BENSON BLVD, 274-3331, www.greatharvestanchorage.com

Apple Cinnanon     Enriched white flour, water, cinnamon chois (sugar, path ol., cinnamon, norlard dy milk, and soy leachthri) honey, dried apples (highes, suit) droids as a preservatively, special, as a light egg wath.       Apricat Almood     Freahy milled 100% whole wheat four, water, cined apricats (partoas, natural favors, suptor droids and a as a preservative), concerptionally, as a light egg wath.       Asigo Ferb Asigo Ferb Asigo Ferb Control while flour, water, asago choese (pasteurizad part skim milk, choese cultures, sait, enzymes, pootwerd celluluse, natarrycin (partogram). It has a control and add and as a couplit arterg/streng, control and droid on (partogram).       Asigo Ferb Asigo Ferb Control while flour, water, asago choese (pasteurizad part skim milk, choese cultures, sait, enzymes, pootwerd celluluse, natarrycin, postal, company IPA, cultured to them (milk, skil) enzymes, manato, Inery, baoon (gork, ast, sugar, cottom phosphate, sold), company IPA, cultured to them (milk, skil), enzymes, manato, inery, baoon (gork, ast, sugar, cottom phosphate, sold), company IPA, cultured to them (milk, skil), enzymes, manato, inery, baoon (gork, ast, sugar, cottom phosphate, sold), company IPA, cultured to them (milk, skil), enzymes, manato, inery, star, ast, ast, sugar, sold), million (milk, skil), enzymes, manato, jangle, chiese & skipt egg wath.       Cersonal Apple     Enriched while flour, water, caramed chips (sugar, com synup, liquid sugar, skim milk, patrol, jangle, spast, skil, innin & a light egg wash.       Chiese Serric Caramer Lipit     Enriched while flour, water, caramed topis (sugar, skim (water, sact, ast, a slipht egg wash.       Chiese Serric Caramer Lipit     Enriched while flour, water, caramed topis (sugar, skim (water,		
Apricet Attend     Freedy milled 100% whole when flour, water, dried pancels (aprices, natural fiscors, support dioxide added is a preservative), honcy-almondy, seast, carage peel, add, a light egy wash.       Asing Petri     Enriched white flour, water, asing orchees (pasteurzed part skim milk, cheese cultures, sait, conzymes, powdarde cellulose, natamych to project fluvor), peels auso (palked, blask), pamean and roman cheese (part-skim milk, cheese cultures, alt in the standing of the standing of the standing s	••	
Asigo Parto     Enriched white floar, water, asigo cheese (passeurzed part skim milk, cheese cutures, sait, enzymes, proved caluvol, sait, alt, garid, cried onion & a light egg wash.       Asigo Rutric     Enriched white floar, water, asigo cheese (passeurzed part skim milk, cheese cutures, sait, enzymes, provide calubose, natamyon), basil, organo, paraely, sait, wasat, asochio add adde da a dough atternative, sait, enzymes, provide calubose, natamyon), basil, organo, paraely, sait, wasat, asochio add adde da a dough atternative, sait, enzymes, annotat, horey, kacon (part, skim egg avash.       Bread     Enriched white floar, water, cutured cutured (cutured milk, sait, enzymes, annotat), yeast, sait, sait, sait, sait, sait, enzymes, annotat), yeast, sait,		Freshly milled 100% whole wheat flour, water, dried apricots (apricots, natural flavors, sulphur dioxide added
Asigo Pstro   natarycin to protect flavor, peto sauce (alve ol, basil, pamesan and romano cheese (part-skim mik, cheese cultures, sait ofice ol, yeast, all, gatic, died onto a light ogg wash.     Asigo Rattic   Protected white flour, water, sourdough stafter, asigo cheese (pasteurized part skim mik, cheese cultures, all, express, powdered calcum phosphate. Sourdough stafter, sission cheese (pasteurized part skim mik, cheese cultures, all, vitami A sait, sugar. Sourdoum phosphate. Sourdoum phosphate. Sourdoum rethroit sait, sugar. Sourdoum rethroit, sait, sugar. Sourdoum, sugar. Sou		
Asiago Rustic     Enriched while flour, water, sourdough statter, asiago chease (pasteurized part skim milk, chease culture, sait, enzymes, normal).       Becon Chedder Beer     Enriched while flour, Matsian Browing Company IPA, chedder chease (putured milk, sait, enzymes, nonce, hoard, bork, sait, sugar, suditure Davids and sugar, species, sourd, minter), yeast, sait, and, chease, sourd, brows, a sing type gavesh.       Beked Porto Breed     Enriched while flour, water, camel cultured butternik (cultured bwit armit, nontar milk, sodium cultured, sait, enzymes, annato), yeast, gartic, sait, chease factic, sait, sait, enzymes, annato), yeast, gartic, sait, chease factic, sait, sait, enzymes, annatol, gavesh, and the flour, water, camel cultured, hopes, sait, and added as a dough stanter, sait, wast, asit, sait, sait	Asiago Pesto	natamycin to protect flavor), pesto sauce (olive oil, basil, parmesan and romano cheese (part-skim milk, cheese cultures, salt
Brad     salt, sugar, sodium phosphate, sodium entrinet, yeast, salt, onion, gatic, chirus & a light egg wash.       Briedd Antro Bred     Enriched white flour, potsee, white, chilured butternik (cultured but trailin, contal mill, sodium citates, salt, variam A.       Caranal Apple     Enriched white flour, water, canamel chips (sugar, com syrup, liqud sugar, skin mill; palm oil, butter, salt, mono- and diglycerides, natural facor, soy lectifini, honey, died apples (papes, sulf) double) yeast, salt, a light egg wash.       Cheese Garitie     Enriched white flour, water, charamel chips (sugar, com syrup, liqud sugar, skin mill; palm oil, butter, salt, mono- and diglycerides, natural, gatic, yeast, honey, seat, soartie, salt, double) yeast, salt, a light egg wash.       Cheage Agritie     Enriched white flour, water, charamel chips (sugar, palm oil, cinnamon, nonfad dry mill, and soy lectifith), honey, yeast, salt, a light egg wash.       Cinnamon Swir/     Enriched white flour, water, cinnamon chips (sugar, palm oil, cinnamon, nonfad dry mill, and soy lectifith), honey, yeast, salt, a light egg wash.       Cinnamon Rxir/     Earlorded white flour, water, cinnamo chips (sugar, palm oil, cinnamon, nonfad dry mill, and soy lectifith)       Cinnamon Rxir/     Earlorded white flour, water, anamol, solid, block poeper, a light egg wash.       Cinnamon Rxir/     Earlorded white flour, water, anamol, solid, block poeper, a light egg wash.       Cinnamon Rxir/     Heathy milled 100% whole wheat flour, water, namon, palma, chinamon, a light egg wash.       Cinnaber Organ	Asiago Rustic	Enriched white flour, water, sourdough starter, asiago cheese (pasteurized part skim milk, cheese cultures, salt, enzymes,
Enclose while flour, positions, water, cultured, buttermik (cultured buk far mik, nordar mik, sodar, mike, baker, dariman DA, ive active cultures), honey, cheddar cheese (cultured mik, nordar mik, sodar, mano, and digivenides, natural favor, sole (chin), honey, died applies (apples, solar (doxide), yeast, salt, a light egg wash.       Caramet Apple     Emched white flour, water, caramet chips (sugar, com syrue, liquid sugar, skim milk, patin cit, yeast, salt, anono- and digivenides, natural favor, sole (chin), honey, died applies (apples, solar (doxide), yeast, salt, & a light egg wash.       Cheese Gartie     Emched white flour, water, cheddar cheese (cultured mik, sat, enzymes, namoto), gartie, yeast, solar, onion & a light egg wash.       Chaese Gartie     Emched white flour, water, courdough starter, salt, yeast, accorbic acid added as a dough steentifiener, commeal.       Cinnenon Chip     Emriched white flour, water, charamon chips (sugar, patin oli, cinnamon, nonitat dry mik, and soy locithin), honey, yeast, salt, common, A a light egg wash.       Cinnenon Swiri     Emriched white flour, water, thorwin sugar, freshly milled 100% whole wheat flour, honey, yeast, salt, ground cinnamon, a light egg wash.       Crenced white flour, meshy milled 100% whole wheat flour, water, honey, dired carabernies (carabernies, sugar, sunflower oil), dired ag head bas at dour, emched white flour, water, dired variable flour, honey, yeast, salt, decarabernies (carabernies, sugar, sunflower oil), dired ag head bas at light egg wash.       Crenced white flour, threshly milled 100% whole wheat flour, water, dired cranbernies (cranbernies, sugar, sunflower oil), dired ag head bas, anorago peel & a light egg wash. <tr< th=""><th>Bacon Cheddar Beer</th><th>Enriched white flour, Alaskan Brewing Company IPA, cheddar cheese (cultured milk, salt, enzymes, annatto, honey, bacon (pork,</th></tr<>	Bacon Cheddar Beer	Enriched white flour, Alaskan Brewing Company IPA, cheddar cheese (cultured milk, salt, enzymes, annatto, honey, bacon (pork,
Baked Potrto Bread     Description       Germel Apple     Enriched while flour, water, cheeda cheese (uultured milk, salt, enzymes, annato), yeast, garlic, salt, chrives, black pepper & light egg wash.       Chress Garlie     Enriched while flour, water, cheeda cheese (uultured milk, salt, enzymes, annato), garlic, yeast, none, salt, onion & a light egg wash.       Chaese Garlie     Enriched while flour, water, cheeda cheese (uultured milk, salt, enzymes, annato), garlic, yeast, none, salt, onion & a light egg wash.       Chaese Garlie     Enriched while flour, water, cheeda cheese (uultured milk, salt, enzymes, annato), garlic, yeast, none, salt, onion & a light egg wash.       Chneanon Swint     Enriched while flour, water, cheeda cheese (uultured milk, salt, enzymes, annato), garlie, yeast, salt, onion & a light egg wash.       Cinnearon Krisin     Freshy milled 100% whole wheat flour, water, chorey, part salt, ground cinnamon, maint gig wash.       Cinnearon Krisin     Freshy milled 100% whole wheat flour, water, honey, partmesan cheese (pasteurized part-skin milk, cheese claritors, salt, and enzymes), yeast, salt, oregone basil, black pepper, red caymine pepper, salt, salt, dinamon, child, dippe gay wash.       Cranberry Apple     Enriched while flour, water, honey, sant damamerike (tranberries, sugar, sunflower oil), dined oppies (apples, salt, regurne base, bask bized part-skin milk, cheese claritors, salt, and enzymes), soat, salt, dined water flour, water, chorey, partmesan cheese (pasteurized part-skin milk, cheese claritors, salt, and enzymes), soat, salt, diaded part salt, anater (asteurized part-skin milk) fore salt, salt, or	Bread	salt, sugar, sodium phosphate, sodium erythorbate, spice, sodium nitrate), yeast, salt, onion, garlic, chives & a light egg wash.
Catalant Appen     Institute Nation, soy leaching, honey, dried apples (apples, sulfur dioxide), yeast, sail, & a light agg wash.       Chease Garlie     Enriched white flour, water, cincamon cheje (apples, sulfur dioxide), yeast, sail, & a light agg wash.       Chugach Rustrie     Enriched white flour, water, soundough starter, sail, yeast, accurbic acid added as a dough strengthener, commeal.       Cinnemon Chip     Enriched white flour, water, cinnamon cheje (agg, pain oli, cinnamon, nen ad tight agg wash.       Cinnamon Swird     Enriched white flour, water, cinnamon cheje (agg, pain oli, cinnamon, nen ad tight agg wash.       Cinnamon Swird     Enriched white flour, water, rasins, molasses, walnuts, yeast, eggs, yeast, sait, ground cinnamon, Mark all tight agg wash.       Cinnamon Kaing     Freshty milled 100% whole wheat flour, water, raisins, molasses, walnuts, yeast, eggs, yeast, sait, ground cinnamon, Mark all tight agg wash.       Crackad Papper     Enriched white flour, freshty milled 100% whole wheat flour, water, died cranberries (cranberries, sugar, sunflower oil), dried apples (apples, sulfur dioxide), yeast, sait, cranape peel, & al ght egg wash.       Cranberry Core     Enriched white flour, freshty milled 100% whole wheat flour, water, dried cranberries (cranberries, sugar, sunflower oil), noney, (cranberry Apple)       Dakota     Freshty milled 100% whole wheat flour, water, dried cranberries (cranberries, sagar, sunflower oil), honey, yeast, sait, a a light egg wash.       Chriched white flour, water, sait, yeast, diasit: matk & ascorbic acid adde	Baked Potato Bread	palmintate, vitamin D3, live active cultures), honey, cheddar cheese (cultured milk, salt, enzymes, annatto), yeast, garlic, salt, chives, black pepper & light egg wash.
Cheape dering     As a light egg wash.       Chugach Rustic     Enriched white flour, water, sourdough starter, salt, yeast, ascorbic and added as a dough strengthener, commeal.       Chinamon Chip As light egg wash.     Enriched white flour, water, cinnamon chips (sugar, paim oil, cinnamon, nonfat dry milk, and soy lectithin), honey, yeast, salt, at, cinnamon Skir       Cinnamon Skir     Enriched white flour, water, cinnamon chips (sugar, paim oil, cinnamon, honey, yeast, salt, ground cinnamon, and light egg wash.       Cinnamon Skir     Enriched white flour, water, cinnamon chips (sugar, paim oil, cinnamon, honey, yeast, salt, ground cinnamon, and light egg wash.       Createst Pgermesan cultures, salt, and enzymes), yeast, salt, oregano, basi, black peoper, red cayenne peoper. & a light egg wash.       Createst Pgermesan cultures, salt, and enzymes), yeast, salt, oregano, basi, black peoper, field caraberries (cranberries, sugar, sunflower oil), died appies (apples, sunflower wheat flour, water, chorey, sunflower seeds, pumpkin seeds, poppy seeds, sesame seeds, yeast, salt, a light egg wash.       Distort     Freichy milled 100% whole wheat flour, water, chorey, sunflower seeds, pumpkin seeds, poppy seeds, sesame seeds, yeast, salt, a light egg wash.       Dubliner Stout     Enriched white flour, there (light egg wash.       French Bgguettrie     Enriched white flour, water, salt, yeast, diasic malt & ascorbic acid added as a dough strengthener.       French Bgguettrie     Enriched white flour, water, salt, yeast, diasic malt & ascorbic acid added as a dough strengthener. <th>Caramel Apple</th> <th></th>	Caramel Apple	
Cinnamon Chip     Enriched while flour, water, cinnamon chips (sugar, palm oil, cinnamon, nonfat dry milk, and soy lectithin), honey, yeast, salt, & a light egg wash.       Cinnamon Swirt     Enriched while flour, water, brown sugar, freshly milled 100% whole wheat flour, honey, yeast, butter (cream, salt), salt, cinnamon, Raisin       Wartur     Treshly milled 100% whole wheat flour, water, raisins, molasses, walnuts, yeast, eggs, yeast, salt, ground cinnamon, and a light egg wash.       Cracked Pepper     Enriched while flour, freshly milled 100%, whole wheat flour, water, honey, parmesan cheese (pasteurized part-skim milk, cheese cultures, salt, and onzymos), yeast, salt, orogan ob all, black papper, red cayenne popper, & a light egg wash.       Cranberry Apple     Enriched while flour, freshly milled 100% whole wheat flour, water, dried cranberries (cranberries, sugar, sunflower oil), dried apples (apples, sult) droxido; yeast, salt, orogan oe la light egg wash.       Dablora     Freshly milled 100% whole wheat flour, water, honey, sunflower seeds, pumpkin seeds, poppy seeds, sesame seeds, yeast, salt, & a light egg wash.       Dubliner Stout     Enriched while flour, cheddar cheese (cultured milk, salt, enzymes), honey, yeast, salt, a light egg wash.       French Baguetta     Enriched while flour, cheddar cheese (cultured milk, salt, enzymes, annatto), water, chile poper (green chiles, water, salt, caric or calcium cholod), honey, silapeno peppers, vinegar, salt, calcium cholode), honey, silapeno peppers, vinegar, sult, calcium cholode), nosat, salt, a light egg wash.       Freshly milled 100% whole wheat flour, water, honey, flax seeds, millet,	Cheese Garlic	
Chinamon Swirt   Salt givit agg wash.     Cinnamon Swirt   Enriched white flour, water, brown sugar, freshly milled 100% whole wheat flour, honey, yeast, butter (cream, salt), salt, cinnamon, & a light egg wash.     Cinnamon Raisin   Freshly milled 100% whole wheat flour, water, raisins, molasses, walnuts, yeast, eggs, yeast, salt, ground cinnamon, and a light egg wash.     Cracked Peper   Enriched white flour, freshly milled 100% whole wheat flour, water, honey, parmesan cheese (pasteurized part-skim mills, cheese outlures, salt, and enzymesy, yeast, salt, organo, basi, black peper, red cayene peper, & a light egg wash.     Cranberry Apple   Enriched white flour, freshly milled 100% whole wheat flour, water, finder page peel & a light egg wash.     Dakota   Enriched white flour, beer (Guinness stout), Dubliner white cheddar cheese (pasteurized milk, cheese cultures, salt, enzymes), honey, yeast, salt, cheese cultures, salt, enzymes), honey, yeast, salt, cheer (Guinness stout), Dubliner white cheddar cheese (pasteurized milk, cheese cultures, salt, enzymes), honey, yeast, salt, the flour, cheddar cheese (cultured milk, salt, enzymes), honey, yeast, salt, a light egg wash.     Freshly milled 100% whole wheat flour, water, honey, sumflower seeds, mingar, salt, calcium chloride), honey, algebra peper (Galapeno pepper)     Dubliner Stout   Enriched white flour, cheddar cheese (cultured milk, salt, enzymes, annatto), water, chile paper (green chiles, water, salt, ciric ad, the de on chile, water, salt, veast, diastic malt & ascorbic acid added as a dough strengthener.     Freshly milled 100% whole wheat flour, water, honey, istar, poncy, flax seeds, millet, oat	Chugach Rustic	Enriched white flour, water, sourdough starter, salt, yeast, ascorbic acid added as a dough strengthener, cornmeal.
Cinnamon Raisin     Salt, cinnamon, & a light egg wash.       Cinnamon Raisin     Freshy milled 100% whole wheat flour, water, raisins, molasses, walnuts, yeast, eggs, yeast, salt, ground cinnamon, and a light egg wash.       Cracked Peper Permesan     Enriched white flour, freshy milled 100% whole wheat flour, water, honey, parmesan cheese (pasteurized part-skim milk, cheese cultures, salt, and enzymesy, yeast, salt, orange peel & a light egg wash.       Craberry Apple     Enriched white flour, freshy milled 100% whole wheat flour, water, honey, dried cranberries (cranberries, sugar, sunflower oil), dried apples, suffur dioxide), yeast, salt, orange peel & a light egg wash.       Dakota     Freshy milled 100% whole wheat flour, water, honey, sunflower seeds, pumpkin seeds, poppy seeds, sesame seeds, yeast, salt, a light egg wash.       Dubliner Stout     Freshy dried gg wash.       Enriched white flour, beer (Guinness stoul), Dubliner white cheddar cheese (pasteurized milk, cheese cultures, salt, enzymes), honey, yeast, salt, a light egg wash.       French Baguette     Enriched white flour, water, salt, yeast, diastic malt & ascorbic acid added as a dough strengthener.       French Baguette     Enriched white flour, need a light egg wash.       Freen Chile acid, trace of calcium chioride), honey, jalapeno peppers, liglapeno peppers, vinegar, salt, calcium chioride), roasted garlic, yeast, salt, dried onio, & light egg wash.       High 5 Fiber     Freshy milled 100% whole wheat flour, water, honey, yeast, salt, & a light egg wash.       High egg wash	Cinnamon Chip	
Wainut   and a light egg wash.     Cracked Fepper   Enriched white flour, treshly milled 100% whole wheat flour, water, honey, parmesan cheese (pasteurized part-skim mills, cheese cultures, sait, and enzymes), yeast, sait, orgeno, basit, black peper, red cayenne peper, & a light egg wash.     Cranberry Apple   Water, treshly milled 100% whole wheat flour, enriched white flour, honey, dried cranberries (cranberries, sugar, sunflower oil), dried apples, suffix dioxide), yeast, sait, orange peel & a light egg wash.     Cranberry Orang   Enriched white flour, treshly milled 100% whole wheat flour, water, dried cranberries (cranberries, sugar, sunflower oil), honey, yeast, sait, and enzymes), east, sait, and peel & a light egg wash.     Dakota   Freishly milled 100% whole wheat flour, water, honey, sunflower seeds, pumpkin seeds, poppy seeds, sesame seeds, yeast, sait, & a light egg wash.     French Milled 100r, beer (Guinness stoul), Dubliner white cheddar cheese (pasteurized milk, cheese cultures, sait, enzymes), honey, yeast, sait, a light egg wash.     French Baguette   Enriched white flour, water, sait, yeast, diastic malt & ascorbic acid added as a dough strengthener.     French Baguette   Enriched white flour, oheddar cheese (cultured milk, sait, enzymes, annatto), water, sait, citric acid, radia crace or calcium chloride), honey, jalapeno peppers (jalapeno peppers, vinegar, sait, calcium chloride), roasted garlic, yeast, sait, dried onico, a light egg wash.     High 5 Fiber   Freshly milled 100% whole wheat flour, water, honey, gar, sunflower oil), yeast, sait, & a light egg wash.     Hor Cross Buns		
Parmesan   cultures, salt, and enzymes), yeast, salt, oregano, basil, black pepper, red cayenne pepper, & a light egg wash.     Granberry Apple   Water, freshly milled 100% whole wheat flour, enriched white flour, honey, dired cranberries, sugar, sunflower oil), dried apples (apples, sultur dioxide), yeast, salt, orange peel & a light egg wash.     Cranberry Orang   Enriched white flour, freshly milled 100% whole wheat flour, water, dried cranberries (cranberries, sugar, sunflower oil), honey, yeast, salt, ange peel, & a light egg wash.     Dubliner Stout   Freshly milled 100% whole wheat flour, water, honey, sunflower seeds, pumpkin seeds, poppy seeds, sesame seeds, yeast, salt, & a light egg wash.     Freshly milled 100% whole wheat flour, water, honey, sunflower seeds, pumpkin seeds, poppy seeds, sesame seeds, yeast, salt, & a light egg wash.     Freshly milled 100% whole wheat flour, water, honey, sunflower seeds, pumpkin seeds, poppy seeds, sesame seeds, yeast, salt, a light egg wash.     Freshly milled 100% whole wheat flour, water, solt, yeast, salt, salt, a caymes, honey, yeast, salt, a light egg wash.     Freshly milled 100% whole wheat flour, water, honey, jalapeno peppers (jalapeno peppers, vinegar, salt, calcium chloride), roasted garlic, yeast, salt, dried onion, a light egg wash.     High 5 Fiber   Freshly milled 100% whole wheat flour, water, soney, salt, a light egg wash.     Hot Cross Burs   Enriched white flour, honey, water, golden raisins, currants, dried cranberries (cranberries, sugar, sunflower oil), yeast, salt, a light egg wash.     Honey Whole Wheet   Freshly milled 100%		
Cranberry Apple   Water, freshly milled 100% whole wheat flour, enriched while flour, honey, dried cranberries (cranberries, sugar, sunflower oil), dried apples (apples, sulfur dioxide), yeast, salt, orange peel & a light egg wash.     Dakota   Enriched white flour, freshly milled 100% whole wheat flour, water, dried cranberries (cranberries, sugar, sunflower oil), honey, yeast, salt, orange peel, & a light egg wash.     Dubliner Stout   Enriched white flour, beer (Guinness stout), Dubliner white cheddar cheese (pasteurized milk, cheese cultures, salt, enzymes), honey, yeast, salt, & a light egg wash.     French Baguette   Enriched white flour, water, salt, yeast, diastic malt & ascorbic acid added as a dough strengthener.     Grean Chile   Enriched white flour, hoeddar cheese (cultured milk, salt, enzymes, nanatto), water, chile pepper (green chiles, water, salt, citric acid, trace of calcium chloride), honey, jalapeno peppers (jalapeno peppers, vinegar, salt, calcium chloride), roasted garlic, yeast, salt, died onon, & a light egg wash.     High 5 Fiber   Freshly milled 100% whole wheat flour, water, honey, flax seeds, millet, oat bran, sunflower seeds, wheat bran, yeast, salt, & a light egg wash.     Honey White   Enriched white flour, honey, water, golden raisins, currants, dried cranberries (cranberries, sugar, sunflower oil), yeast, salt, a range zest, lemon zest, honey, yeast, salt, & a light egg wash.     Honey White   Enriched white flour, water, honey, yeast, salt, & a light egg wash.     Honey White   Enriched white flour, water, honey, yeast, salt, & a light egg wash.     Honey White	Cracked Pepper	Enriched white flour, freshly milled 100% whole wheat flour, water, honey, parmesan cheese (pasteurized part-skim milk, cheese
Cranberry Apple   dried apples (apples, sulfur dioxide), yeast, salt, orange peel & a light egg wash.     Crenberry Orange   Yeast, salt, orange peel, & a light egg wash.     Dakota   Freshly milled 100% whole wheat flour, water, dried cranberries (cranberries, sugar, sunflower oil), honey, yeast, salt, orange peel, & a light egg wash.     Dubliner Stout   Freshly milled 100% whole wheat flour, water, honey, sunflower seeds, pumpkin seeds, poppy seeds, sesame seeds, yeast, salt, & a light egg wash.     French Baguette   Enriched white flour, cherd (Suinness stout), Dubliner white cheddar cheese (pasteurized milk, cheese cultures, salt, enzymes), honey, yeast, salt, & a light egg wash.     French Baguette   Enriched white flour, cheddar cheese (cultured milk, salt, enzymes, annatto), water, chile pepper (green chiles, water, salt, citric acid, trace of calcium chioride), honey, jalapeno peppers (jalapeno peppers, vinegar, salt, calcium chioride), roasted garlic, yeast, salt, dried onin, & a light egg wash.     High 5 Fiber   Freshly milled 100% whole wheat flour, water, honey, flax seeds, millet, oat bran, sunflower seeds, wheat bran, yeast, salt, & a light egg wash.     Hor Cross Buns   Enriched white flour, noney, water, golden raisins, currants, dried cranberries (cranberries, sugar, sunflower oil), yeast, salt, drange zest, lemon zest, honey, butter, powdered sugar, milk.     Honey Whole Wheat   Freshly milled 100% whole wheat flour, water, honey, yeast, salt, & a light egg wash.     Irriched white flour, water, noney, veast, salt, & a light egg wash.   Enriched white flour, water, non	Parmesan	cultures, salt, and enzymes), yeast, salt, oregano, basil, black pepper, red cayenne pepper, & a light egg wash.
Cranberry Orange     yeast, salt, orange peel, & a light egg wash.       Dakota     Freshly milled 100% whole wheat flour, water, honey, sufflower seeds, pumpkin seeds, poppy seeds, sesame seeds, yeast, salt, & a light egg wash.       Dubliner Stout     Enriched white flour, beer (Guinness stout), Dubliner white cheddar cheese (pasteurized milk, cheese cultures, salt, enzymes), honey, yeast, salt, & a light egg wash.       French Baguette     Enriched white flour, cheddar cheese (cultured milk, salt, enzymes, annatto), water, chile pepper (green chiles, water, salt, citric acid, trace of calcium choride), honey, jalapeno peppers (jalapeno peppers, vinegar, salt, calcium choride), honey, jalapeno peppers (jalapeno peppers, vinegar, salt, calcium choride), honey, jalapeno peppers, gialapeno peppers, vinegar, salt, calcium choride), honey, jalapeno peppers, inegar, salt, calcium choride), toasted garlic, yeast, salt, dried onion, & a light egg wash.       High 5 Fiber     Enriched white flour, honey, water, golden raisins, currants, dried cranberries (cranberries, sugar, sunflower oil), yeast, salt, & a light egg wash.       Honey White     Enriched white flour, water, golden raisins, currants, dried cranberries (cranberries, sugar, sunflower oil), yeast, salt, orange zest, lemon zest, honey, yeast, salt, a light egg wash.       Instrume Whole Wheat     Freshly milled 100% whole wheat flour, enriched white flour, cultured buttermilk (cultured lowfat milk, nonfat milk, sodium citrate, salt, vitamin A palmintae, vitamin DS, live active cultures, raisins, honey, salt, baking powder, baking soda.       Irrish Soda Bread     Enriched white flour, water, monterey jack cheese (pasteurized m	Cranberry Apple	
Dakora   & a light egg wash.     Dubliner Stout   Enriched white flour, beer (Guinness stout), Dubliner white cheddar cheese (pasteurized milk, cheese cultures, salt, enzymes), honey, yeast, salt, & a light egg wash.     French Baguette   Enriched white flour, water, salt, yeast, diastic malt & ascorbic acid added as a dough strengthener.     Green Chile   acid, trace of calcium chloride), honey, jalgenop peppers (jalapeno peppers, vinegar, salt, calcium chloride), roasted garlic, yeast, salt, dried onion, & a light egg wash.     High 5 Fiber   Freshly milled 100% whole wheat flour, water, honey, flax seeds, millet, oat bran, sunflower seeds, wheat bran, yeast, salt, & a light egg wash.     Hot Cross Buns   Enriched white flour, honey, water, golden raisins, currants, dried cranberries (cranberries, sugar, sunflower oil), yeast, salt, orange zest, lemon zest, honey, yeast, salt, & a light egg wash.     Honey White   Enriched white flour, water, honey, yeast, salt, & a light egg wash.     Honey Whole Wheat   Freshly milled 100% whole wheat flour, water, honey, yeast, salt, & a light egg wash.     Honey Whole Wheat   Freshly milled 100% whole wheat flour, enriched white flour, cultured buttermilk (cultured lowfat milk, sodium citrate, salt, vitamin D3, live active cultures), raisins, honey, salt, baking powder, baking powder, baking powder, baking powder, baking powder, baking powder, salt, calcium chloride, yeast, salt & a light egg wash.     Koresh Whole   Enriched white flour, water, monterey jack cheese (pasteurized milk, cheese cultures, salt, enzymes), cornmeal, peppers, honey, butter	Cranberry Orange	
Dubliner Stour   honey, yeast, salt, & a light egg wash.     French Baguette   Enriched white flour, water, salt, yeast, diastic malt & ascorbic acid added as a dough strengthener.     Green Chile   Enriched white flour, cheddar cheese (cultured milk, salt, enzymes, annatto), water, chile pepper (green chiles, water, salt, citric acid, trace of calcium chloride), honey, jalapeno peppers (jalapeno peppers, vinegar, salt, calcium chloride), roasted garlic, yeast, salt, dried onion, & a light egg wash.     High 5 Fiber   Iight egg wash.     Hot Cross Buns   Enriched white flour, honey, water, golden raisins, currants, dried cranberries (cranberries, sugar, sunflower oil), yeast, salt, orange zest, lemon zest, honey, butter, powdered sugar, milk.     Honey White   Enriched white flour, water, honey, yeast, salt, & a light egg wash.     Honey White   Enriched white flour, water, honey, yeast, salt, & a light egg wash.     Honey White   Enriched white flour, water, honey, yeast, salt, & a light egg wash.     Honey White   Enriched white flour, water, honey, yeast, salt, & a light egg wash.     Honey White   Freshly milled 100% whole wheat flour, enriched white flour, cultured buttermilk (cultured lowfat milk, nonfat milk, sodium citrate, sult, vitamin A painintate, vitamin D3, live active cultures), raisins, honey, salt, baking powder, baking soda.     Irish Soda Bread   Enriched white flour, water, montery jack cheese (pasteurized milk, cheese cultures, salt, enzymes), commeal, peppers, honey, butter (cream, salt), freshly milled 100% whole wheat flou	Dakota	
Prench Baguerre   Enriched white flour, cheddar cheese (cultured milk, salt, enzymes, annatto), water, chile pepper (green chiles, water, salt, citric acid, trace of calcium chloride), honey, jalapeno peppers (jalapeno peppers, vinegar, salt, calcium chloride), roasted garlic, yeast, salt, dried onion, & a light egg wash.     High 5 Fiber   Freshly milled 100% whole wheat flour, water, honey, flax seeds, millet, oat bran, sunflower seeds, wheat bran, yeast, salt, & a light egg wash.     Hot Cross Buns   Friched white flour, honey, water, golden raisins, currants, dried cranberries (cranberries, sugar, sunflower oil), yeast, salt, orange zest, lemon zest, honey, butter, powdered sugar, milk.     Honey White   Enriched white flour, water, honey, yeast, salt, & a light egg wash.     Honey Whole Wheat   Freshly milled 100% whole wheat flour, water, honey, yeast, salt, & a light egg wash.     Irish Soda Bread   Freshly milled 100% whole wheat flour, enriched white flour, cultured buttermilk (cultured lowfat milk, nonfat milk, sodium citrate, salt, vitamin A palmintate, vitamin D3, live active cultures), raisins, honey, salt, baking powder, baking soda.     Jalapeno Jack Corn   Enriched white flour, water, monterey jack cheese (pasteurized milk, cheese cultures, salt, enzymes), cornmeal, peppers, honey, butter (cream, salt), freshly milled 100% whole wheat flour, yeast, salt, green jalapenos (jalapeno peppers, vinegar, salt, calcium chloride, yeast, salt & a light egg wash.     Kalamata Olive   Enriched white flour, water, kalamata olives, freshly milled 100% whole wheat flour, dark rye flour, flax seeds, brown sesame seeds, sunflower seeds, rolled oats, salt, yeast, sacorbic ac	Dubliner Stout	
Green Chile Cheddar   acid, trace of calcium chloride), honey, jalapeno peppers (jalapeno peppers, vinegar, salt, calcium chloride), roasted garlic, yeast, salt, dried onion, & a light egg wash.     High 5 Fiber   Freshly milled 100% whole wheat flour, water, honey, flax seeds, millet, oat bran, sunflower seeds, wheat bran, yeast, salt, & a light egg wash.     Hot Cross Buns   Enriched white flour, honey, water, golden raisins, currants, dried cranberries (cranberries, sugar, sunflower oil), yeast, salt, orange zest, lemon zest, honey, butter, powdered sugar, milk.     Honey White   Enriched white flour, water, honey, yeast, salt, & a light egg wash.     Honey Whole Wheat   Freshly milled 100% whole wheat flour, water, honey, yeast, salt, & a light egg wash.     Irish Soda Bread   Freshly milled 100% whole wheat flour, enriched white flour, cultured buttermilk (cultured lowfat milk, nonfat milk, sodium citrate, salt, vitamin A palmintate, vitamin D3, live active cultures), raisins, honey, salt, baking powder, baking soda.     Jalapeno Jack Corn   Enriched white flour, water, monterey jack cheese (pasteurized milk, cheese cultures, salt, enzymes), commeal, peppers, honey, butter (cream, salt), freshly milled 100% whole wheat flour, yeast, salt, green jalapenos (jalapeno peppers, vinegar, salt, calcium chloride, yeast, salt & a light egg wash.     Kalamata Olive Rustic   Enriched white flour, water, kalamata olives, freshly milled 100% whole wheat flour, dark rye flour, flax seeds, brown seeds reads, sunflower seeds, rolled oats, salt, yeast, ascorbic acid added as a dough strengtherner, & commeal.     Multigrain Rustic   Enriched w	French Baguette	Enriched white flour, water, salt, yeast, diastic malt & ascorbic acid added as a dough strengthener.
Cheddar   Yeast, salt, dried onion, & a light egg wash.     High 5 Fiber   Freshly milled 100% whole wheat flour, water, honey, flax seeds, millet, oat bran, sunflower seeds, wheat bran, yeast, salt, & a light egg wash.     Hot Cross Buns   Enriched white flour, honey, water, golden raisins, currants, dried cranberries (cranberries, sugar, sunflower oil), yeast, salt, orange zest, lemon zest, honey, butter, powdered sugar, milk.     Honey White   Enriched white flour, water, honey, yeast, salt, & a light egg wash.     Honey Whole Wheat   Freshly milled 100% whole wheat flour, water, honey, yeast, salt, & a light egg wash.     Honey Whole Wheat   Freshly milled 100% whole wheat flour, enriched white flour, cultured buttermilk (cultured lowfat milk, nonfat milk, sodium citrate, salt, vitamin A palmintate, vitamin D3, live active cultures), raisins, honey, salt, baking powder, baking soda.     Irriched white flour, water, monterey jack cheese (pasteurized milk, cheese cultures, salt, enzymes), commeal, peppers, honey, butter (cream, salt), freshly milled 100% whole wheat flour, yeast, salt, green jalapenos (jalapeno pepers, vinegar, salt, calcium chloride, yeast, salt & a light egg wash.     Kalamata Olive   Enriched white flour, water, kalamata olives, freshly milled 100% whole wheat flour, salt, thyme, yeast, ascorbic acid.     Multigrain Rustic   Enriched white flour, water, sourdough starter, freshly milled 100% whole wheat flour, dark rye flour, flax seeds, brown sesame seeds, sunflower seeds, rolled oats, salt, yeast, ascorbic acid added as a dough strengtherner, & cornmeal.     Multigrain Rustic <th< th=""><th></th><th>Enriched white flour, cheddar cheese (cultured milk, salt, enzymes, annatto), water, chile pepper (green chiles, water, salt, citric</th></th<>		Enriched white flour, cheddar cheese (cultured milk, salt, enzymes, annatto), water, chile pepper (green chiles, water, salt, citric
High 5 Fiberlight egg wash.Hot Cross BunsEnriched white flour, honey, water, golden raisins, currants, dried cranberries (cranberries, sugar, sunflower oil), yeast, salt, orange zest, lemon zest, honey, butter, powdered sugar, milk.Honey WhiteEnriched white flour, water, honey, yeast, salt, & a light egg wash.Honey Whole WheatFreshly milled 100% whole wheat flour, enriched white flour, cultured buttermilk (cultured lowfat milk, nonfat milk, sodium citrate, salt, vitamin A palmintate, vitamin D3, live active cultures), raisins, honey, salt, baking powder, baking soda.Jalapeno Jack CorrEnriched white flour, water, monterey jack cheese (pasteurized milk, cheese cultures, salt, enzymes), cornmeal, peppers, honey, butter (cream, salt), freshly milled 100% whole wheat flour, yeast, salt, green jalapenos (jalapeno peppers, vinegar, salt, calcium chloride, yeast, salt & a light egg wash.Kalamata Olive RusticEnriched white flour, water, kalamata olives, freshly milled 100% whole wheat flour, dark rye flour, flax seeds, brown sesame seeds, sunflower seeds, rolled oats, salt, yeast, ascorbic acid added as a dough strengtherner, & commeal.Musher's BreadFreshly milled 100% whole wheat flour, water, honey, gloen raisins (gloen raisins, sulphur dioxide as a preservative), millet, sunflower seeds, yeast, allond, salt & a light egg wash.Nine GrainFreshly milled 100% whole wheat flour, water, honey, gloen raisins (gloen raisins, sulphur dioxide as a preservative), millet, sunflower seeds, yeast, allonds, salt & a light egg wash.Kalamata Olive RusticEnriched white flour, water, honey, gloen raisins (gloen raisins, sulphur dioxide as a preservative), millet, sunflower seeds, yeast, allonds, salt & a light egg wash.Kalamata Olive Rust		
Hor Cross Buns   orange zest, lemon zest, honey, butter, powdered sugar, milk.     Honey White   Enriched white flour, water, honey, yeast, salt, & a light egg wash.     Honey Whole Wheat   Freshly milled 100% whole wheat flour, water, honey, yeast, salt, & a light egg wash.     Irish Soda Bread   Freshly milled 100% whole wheat flour, enriched white flour, cultured buttermilk (cultured lowfat milk, nonfat milk, sodium citrate, salt, vitamin A palmintate, vitamin D3, live active cultures), raisins, honey, salt, baking powder, baking soda.     Jalapeno Jack Corn   Enriched white flour, water, monterey jack cheese (pasteurized milk, cheese cultures, salt, enzymes), commeal, peppers, honey, butter (cream, salt), freshly milled 100% whole wheat flour, yeast, salt, green jalapenos (jalapeno peppers, vinegar, salt, calcium chloride, yeast, salt & a light egg wash.     Kalamata Olive Rustic   Enriched white flour, water, kalamata olives, freshly milled 100% whole wheat flour, salt, thyme, yeast, ascorbic acid.     Multigrain Rustic   Enriched white flour, water, sourdough starter, freshly milled 100% whole wheat flour, dark rye flour, flax seeds, brown sesame seeds, sunflower seeds, reads, sult flour, water, honey, golden raisins (golden raisins, sulphur dioxide as a preservative), millet, sunflower seeds, upeat, all of a light egg wash.     Musher's Bread   Freshly milled 100% whole wheat flour, water, honey, 9 grain mix (rye, red wheat, corn, brown rice, oat, triticale, soy, flax seed, barley, millet), yeast, salt, & a light egg wash.     Nine Grain   Freshly milled 100% whole wheat flour, water, honey, 9 grain mix (rye, red wheat, cor	High 5 Fiber	
Honey White   Enriched white flour, water, honey, yeast, salt, & a light egg wash.     Honey Whole Wheat   Freshly milled 100% whole wheat flour, water, honey, yeast, salt, & a light egg wash.     Irish Soda Bread   Freshly milled 100% whole wheat flour, enriched white flour, cultured buttermilk (cultured lowfat milk, nonfat milk, sodium citrate, salt, vitamin A palmintate, vitamin D3, live active cultures), raisins, honey, salt, baking powder, baking soda.     Jalapeno Jack Corn   Enriched white flour, water, monterey jack cheese (pasteurized milk, cheese cultures, salt, enzymes), commeal, peppers, honey, butter (cream, salt), freshly milled 100% whole wheat flour, yeast, salt, green jalapenos (jalapeno peppers, vinegar, salt, calcium chloride, yeast, salt & a light egg wash.     Kalamata Olive Rustic   Enriched white flour, water, kalamata olives, freshly milled 100% whole wheat flour, salt, thyme, yeast, ascorbic acid.     Multigrain Rustic   Enriched white flour, water, sourdough starter, freshly milled 100% whole wheat flour, dark rye flour, flax seeds, brown sesame seeds, sunflower seeds, rolled oats, salt, yeast, ascorbic acid added as a dough strengtherner, & commeal.     Musher's Bread   Freshly milled 100% whole wheat flour, water, honey, golden raisins (golden raisins, sulphur dioxide as a preservative), millet, sunflower seeds, yeast, almonds, salt & a light egg wash.     Nine Grain   Freshly milled 100% whole wheat flour, water, honey, 9 grain mix (rye, red wheat, corn, brown rice, oat, triticale, soy, flax seed, barley, millet), yeast, salt, & a light egg wash.	Hot Cross Buns	
Honey Whole Wheat   Freshly milled 100% whole wheat flour, water, honey, yeast, salt, & a light egg wash.     Irish Soda Bread   Freshly milled 100% whole wheat flour, enriched white flour, cultured buttermilk (cultured lowfat milk, nonfat milk, sodium citrate, salt, vitamin A palmintate, vitamin D3, live active cultures), raisins, honey, salt, baking powder, baking soda.     Jalapeno Jack Corn   Enriched white flour, water, monterey jack cheese (pasteurized milk, cheese cultures, salt, enzymes), commeal, peppers, honey, butter (cream, salt), freshly milled 100% whole wheat flour, yeast, salt, green jalapenos (jalapeno peppers, vinegar, salt, calcium chloride, yeast, salt & a light egg wash.     Kalamata Olive Rustic   Enriched white flour, water, kalamata olives, freshly milled 100% whole wheat flour, dark rye flour, flax seeds, brown sesame seeds, sunflower seeds, rolled oats, salt, yeast, ascorbic acid added as a dough strengtherner, & commeal.     Musher's Bread   Freshly milled 100% whole wheat flour, water, honey, golden raisins (golden raisins, sulphur dioxide as a preservative), millet, sunflower seeds, yeast, allmonds, salt & a light egg wash.     Nine Grain   Freshly milled 100% whole wheat flour, water, honey, 9 grain mix (rye, red wheat, corn, brown rice, oat, triticale, soy, flax seed, barley, millet), yeast, salt & a light egg wash.	Honey White	
Irish Soda Breadsalt, vitamin A palmintate, vitamin D3, live active cultures), raisins, honey, salt, baking powder, baking soda.Jalapeno Jack CornEnriched white flour, water, monterey jack cheese (pasteurized milk, cheese cultures, salt, enzymes), cornmeal, peppers, honey, butter (cream, salt), freshly milled 100% whole wheat flour, yeast, salt, green jalapenos (jalapeno peppers, vinegar, salt, calcium chloride, yeast, salt & a light egg wash.Kalamata Olive RusticEnriched white flour, water, kalamata olives, freshly milled 100% whole wheat flour, salt, thyme, yeast, ascorbic acid.Multigrain RusticEnriched white flour, water, sourdough starter, freshly milled 100% whole wheat flour, dark rye flour, flax seeds, brown sesame seeds, sunflower seeds, rolled oats, salt, yeast, ascorbic acid added as a dough strengtherner, & cornmeal.Musher's BreadFreshly milled 100% whole wheat flour, water, honey, 9 grain mix (rye, red wheat, corn, brown rice, oat, triticale, soy, flax seed, barley, millet), yeast, salt, & a light egg wash.Nine GrainErschly milled 100% whole wheat flour, water, honey, 9 grain mix (rye, red wheat, corn, brown rice, oat, triticale, soy, flax seed, barley, millet), yeast, salt, & a light egg wash.		Freshly milled 100% whole wheat flour, water, honey, yeast, salt, & a light egg wash.
Jalapeno Jack Corn   butter (cream, salt), freshly milled 100% whole wheat flour, yeast, salt, green jalapenos (jalapeno peppers, vinegar, salt, calcium chloride, yeast, salt & a light egg wash.     Kalamata Olive   Enriched white flour, water, kalamata olives, freshly milled 100% whole wheat flour, salt, thyme, yeast, ascorbic acid.     Multigrain Rustic   Enriched white flour, water, sourdough starter, freshly milled 100% whole wheat flour, dark rye flour, flax seeds, brown sesame seeds, sunflower seeds, rolled oats, salt, yeast, ascorbic acid added as a dough strengtherner, & cornmeal.     Musher's Bread   Freshly milled 100% whole wheat flour, water, honey, golden raisins (golden raisins, sulphur dioxide as a preservative), millet, sunflower seeds, yeast, almonds, salt & a light egg wash.     Nine Grain   Freshly milled 100% whole wheat flour, water, honey, 9 grain mix (rye, red wheat, corn, brown rice, oat, triticale, soy, flax seed, barley, millet), yeast, salt, & a light egg wash.	lrish Soda Bread	
Rustic   Enriched white flour, water, kalamata olives, freshly milled 100% whole wheat flour, salt, thyme, yeast, ascorbic acid.     Multigrain Rustic   Enriched white flour, water, sourdough starter, freshly milled 100% whole wheat flour, dark rye flour, flax seeds, brown sesame seeds, sunflower seeds, rolled oats, salt, yeast, ascorbic acid added as a dough strengtherner, & cornmeal.     Musher's Bread   Freshly milled 100% whole wheat flour, water, honey, golden raisins (golden raisins, sulphur dioxide as a preservative), millet, sunflower seeds, yeast, almonds, salt & a light egg wash.     Nine Grain   Freshly milled 100% whole wheat flour, water, honey, 9 grain mix (rye, red wheat, corn, brown rice, oat, triticale, soy, flax seed, barley, millet), yeast, salt, & a light egg wash.	Jalapeno Jack Corn	butter (cream, salt), freshly milled 100% whole wheat flour, yeast, salt, green jalapenos (jalapeno peppers, vinegar, salt, calcium
Multigrain Rustic   Enriched white flour, water, sourdough starter, freshly milled 100% whole wheat flour, dark rye flour, flax seeds, brown sesame seeds, sunflower seeds, rolled oats, salt, yeast, ascorbic acid added as a dough strengtherner, & cornmeal.     Musher's Bread   Freshly milled 100% whole wheat flour, water, honey, golden raisins (golden raisins, sulphur dioxide as a preservative), millet, sunflower seeds, yeast, almonds, salt & a light egg wash.     Nine Grain   Freshly milled 100% whole wheat flour, water, honey, 9 grain mix (rye, red wheat, corn, brown rice, oat, triticale, soy, flax seed, barley, millet), yeast, salt, & a light egg wash.		Enriched white flour, water, kalamata olives, freshly milled 100% whole wheat flour, salt, thyme, yeast, ascorbic acid.
Musher's Bread   Freshly milled 100% whole wheat flour, water, honey, golden raisins (golden raisins, sulphur dioxide as a preservative), millet, sunflower seeds, yeast, almonds, salt & a light egg wash.     Nine Grain   Freshly milled 100% whole wheat flour, water, honey, 9 grain mix (rye, red wheat, corn, brown rice, oat, triticale, soy, flax seed, barley, millet), yeast, salt, & a light egg wash.     Excepts milled 100% whole wheat flour, water, honey, 9 grain mix (rye, red wheat, corn, brown rice, oat, triticale, soy, flax seed, barley, millet), yeast, salt, & a light egg wash.		
Nine Grain   Freshly milled 100% whole wheat flour, water, honey, 9 grain mix (rye, red wheat, corn, brown rice, oat, triticale, soy, flax seed, barley, millet), yeast, salt, & a light egg wash.     Errorbly milled 100% whole wheat flour, water, honey, relied eate yeast, nonput seed, and the set water honey.	Musher's Bread	Freshly milled 100% whole wheat flour, water, honey, golden raisins (golden raisins, sulphur dioxide as a preservative), millet,
Erably milled 100% whole wheet flour, water, hency, relied eate yearst penny seeds, selt & a light arg weah	Nine Grain	Freshly milled 100% whole wheat flour, water, honey, 9 grain mix (rye, red wheat, corn, brown rice, oat, triticale, soy, flax seed,
Uarmeal roppyseed	Oatmeal Poppyseed	Freshly milled 100% whole wheat flour, water, honey, rolled oats, yeast, poppy seeds, salt, & a light egg wash.
<i>Onion Dill Rye</i> Freshly milled 100% whole wheat flour, water, honey, rye flour, enriched white flour, yeast, salt, dried onion, dill & a light egg wash.		

	Enriched white flour, water, freshly milled 100% whole wheat flour, honey, parmesan cheese (pasteurized part-skim milk,
Panza	cheese cultures, salt, and enzymes), kalamata olives (kalamata olives, water, salt, red vinegar) sun dried tomatoes, yeast, salt,
	oregano, basil, black pepper & a light egg wash.
Parmesan Basil Rustic	Enriched white flour, water, sourdough starter, parmesan cheese, garlic, basil, salt, yeast, ascorbic acid, & corn meal.
Peanut Butter- Chocolate Chip	Enriched white flour, water, peanut butter, chocolate chips, honey, yeast, salt & a light egg wash.
Pizza Bread	Enriched white flour, mozzarella cheese, tomatoes, water, pepperoni, honey, parmesan cheese, yeast, salt, eggs, dried garlic, dried onion, oregano, basil.
Potato Dill	Enriched white flour, water, honey, dehydrated potatoes (dehydrated potato with emulsifiers (mono- and diglycerides) and preservative (sodium acid pyrophosphate, sodium bisulfite, citric acid)) yeast, salt, dill & a light egg wash.
Рореуе	Enriched white flour, water, spinach, freshly milled 100% whole wheat flour, honey, red peppers (sweet peppers, water and citric acid), parmesan cheese (pasteurized part-skim milk, cheese cultures, salt and enzymes) yeast, salt, dried onion, garlic & a light egg wash.
Baked Potato Bread	Enriched white flour, potatoes, water, buttermilk, (cultured low fat milk, nonfat milk, sodium citrate, salt, vitamin A palmintate, vitamin D3, live active cultures), honey, cheddar cheese (cultured milk, enzymes, annatto), yeast, garlic, salt, black pepper, chives & a light egg wash.
Pumpkin Swirl	Enriched white flour, pumpkin, brown sugar, freshly milled 100% wheat flour, honey, walnuts, yeast, butter (milk, salt), salt, cinnamon, cloves, ginger, nutmeg & a light egg wash.
Raisin Walnut Rustic	Enriched white flour,water,sourdough starter, freshly milled whole wheat flour, walnuts, raisins, rye flour, salt, yeast, ascorbic acid added as a dough strengtherner, & cornmeal.
	Freshly milled 100% whole wheat flour, water, honey, yeast, salt, dried garlic, rosemary, parsley and a light egg wash
Red, White & Blue	Enriched white flour, water, honey, dried cherries (tart red cherries, sugar, sunflower oil), dried blueberries (blueberries, sucrose, sunflower oil), yeast, salt & a light egg wash.
Sonoma	Freshly milled 100% whole wheat flour, enriched white flour, water, honey, eggs, dried cranberries, golden raisins, pumpkin seeds, butter, sunflower seeds, yeast, raw sugar, salt, salt, orange, lemon, & pure vanilla.
Stuffing Bread	Freshly milled 100% whole wheat flour, water, honey, yeast, salt, dried onion, celery seeds, thyme, black pepper, sage, egg
Spinach Feta	Enriched white flour, feta cheese (pasteurized milk, cheese cultures, salt, enzymes), water, freshly milled 100% whole wheat flour, spinach, honey, yeast, salt, garlic, oregano, black pepper & a light egg wash.
Sunflower Millet	Freshly milled 100% whole wheat flour, water, honey, millet, sunflower seeds, yeast, salt & a light egg wash.
Susitna Herb Rolls	Enriched white flour, water, butter (milk, salt), honey, dehydrated potatoes (dehydrated potato with emulsifiers (mono- and diglycerides) and preservative (sodium acid pyrophosphate, sodium bisulfite, citric acid), yeast, salt, dried garlic, oregano, basil & a light egg wash.
Susitna Rolls	Enriched white flour, water, butter (milk, salt), honey, dehydrated potatoes (dehydrated potato with emulsifiers (mono- and diglycerides) and preservative (sodium acid pyrophosphate, sodium bisulfite, citric acid), yeast, salt & a light egg wash.
Sundried Tomato Formaggio	Enriched white flour, water, honey, pesto (olive oil, sweet basil, parmesan and romano cheese, garlic, pine nuts), sun-dried tomatoes, cheese blend (mozzarella, asiago, provolone, romano), yeast, olive oil, dried onion, garlic, salt, & a light egg wash.
Sundried Tomato Pesto	Enriched white flour, water, freshly milled 100% whole wheat flour, honey, pesto (olive oil, sweet basil, parmesan and romano cheese, garlic, pine nuts), sundried tomatoes, parmesan cheese, garlic, yeast, salt & a light egg wash.
Tahitian Surprise	Enriched white flour, water, golden raisins, freshly milled 100% whole wheat flour, almonds, honey, coconut, pineapple, butter, salt, yeast, lemon peel, orange juice, & a light egg wash.
Tomato Basil	Enriched white flour, freshly milled 100% whole whole wheat flour, tomatoes (tomatoes, tomato puree, salt, citric acid, calcium chloride), water, honey, yeast, salt, sesame seeds, dried onion, oregano, parsley, basil, salt, & a light egg wash.
Unity Bread	Enriched white flour, freshly milled 100% whole wheat flour,water, honey, golden raisins (golden raisins, sulpur dioxide), raisins, dried cranberries, (cranberries, sugar, sunflower oil), yeast, salt, lemon peel, orange peel & a light egg wash.
White Chocolate Cherry	Enriched white flour, water, dried cherries (tart red cherries, sugar, sunflower oil), white chocolate chips (sugar, partially hydrogenated palm kernel oil and cocoa butter, nonfat milk, cream, whey, mono and diglyceride and soya lecithin emulsifiers and pure vanilla), honey, brown sugar, butter, yeast, salt, vanilla, & a light egg wash.
Whole Wheat Cinn.Chip	Freshly milled 100% whole wheat flour, water, cinnamon chips (sugar, palm oil, cinnamon, nonfat dry milk, and soy lectithin), honey, yeast, salt, & a light egg wash.
Whole Grain Rustic	Freshly milled 100% whole wheat flour, water, sourdough starter, dark rye flour, flax seeds, sesame seeds, sunflower seeds, salt, yeast, ascorbic acid added as a dough strengtherner & cornmeal.
Woodstock	Freshly milled 100% whole wheat flour, water, honey, flax seeds, yeast, sunflower seeds, walnuts, pecans, salt & a light egg wash.

Processed in a bakery that uses milk, soybeans, eggs, wheat, tree nuts (almonds, hazelnuts, pecans, pine nuts, walnuts), peanuts and fish (salmon).